



2nd Grade Morning Jump Rope Club

Interested in gaining rope-skipping skills? Our morning jump rope club will begin soon. Second grade students of all abilities are invited to join us each Tuesday morning **beginning Tuesday December 4** from **7:45 am to 8:35 am**. This is an ongoing practice session that will take us through February. Kids will work on basic skills in the beginning and progress toward more advanced skills including short and long rope skills. Kids will have an opportunity to share their skills with the whole group.

WHO: 2nd Grade

WHAT: Morning Jump Rope Club

WHERE: CRES gymnasium

WHEN: Tuesdays from 7:45 to 8:35

Email updates will be provided as the season progresses.

2nd Grade Morning Jump Rope Club

Student Name: _____

Teacher: _____

Parent Signature: _____

Email: _____

Interested in skipping rope on Thursdays also? Please check the box if you are able to exercise twice a week before school. **Plan on starting on Tuesdays only, but not on Thursdays until Thurs. Jan. 10.** I will be in touch by email about when to begin twice a week. Thank you.

Please return your signed permission slip to Mr. Martin, the office, your classroom teacher, or on the first morning of Jump Rope Club.