

Create your #LetGrowMoment!

Let Grow projects to do alone or with a friend



Ready to do something on your own? Good for you! Look at the Projects below, circle a few that you might want to do – and feel *ready* to do – that you just haven't done yet. Then, choose one!

The Projects go from easier to harder – sort of. But some things that are easy for you will be harder for other kids, and some things that are hard for you are easy for them. So there are no "right" or "wrong" choices. Just talk with your mom, dad, or caregiver about what you think would be a fun, exciting thing for you to try. Once you've done something, keep doing it and look for a new Project to try next.

Keep on growing! Each time you do something for the first time, that's a #LetGrowMoment!

- Climb a tree
- Walk the dog
- Play in the yard
- Scooter on the sidewalk
- Plant some flowers or vegetables
- Make breakfast
- Visit a neighbor
- Wait at the bus stop
- Do something with your brother or sister outside
- Play in the rain
- Pack your lunch
- Organize a game outside
- Get yourself ready for school
- Collect cans / bottles in the neighborhood for recycling
- Run into a store to buy something while your parent waits in the car
- Practice free throws
- Make a sandwich
- Spend some time at the library
- Teach yourself to skateboard
- Buy something at a store or restaurant
- Write and mail a letter
- Weed the lawn / garden
- Walk around taking pictures
- Make up an outdoor game
- Light the candles on a birthday cake
- Make a picnic
- Host a sleepover
- Build something out of junk outside
- Play at the park
- Trick or treat with friends
- Write a thank-you note and deliver it

- Attend a sleepover
- Teach an outdoor game to a friend
- Plan a visit to a friend's home and get yourself there
- Buy a surprise for your parent at a store
- Walk to school
- Skateboard
- Ask for directions**
- Use a sharp knife
- Lock up the house for the night
- Run an errand for your family
- Go get pizza
- Build and light your family's campfire
- Ride your bike to a friend's house
- Go get ice cream
- Visit a relative
- Go visit a friend and then go together to find another friend
- Pet-sit
- Make dinner
- Wash, dry and fold the family laundry
- Go Pokemon hunting
- Assemble items with a screwdriver
- Camp out in the backyard
- Join the Boy or Girl Scouts
- Go off with a friend at a theme park or festival. Meet back at the agreed-upon time
- Ride a local bus
- Go fishing
- Bake cookies or a cake
- Make Jell-O
- Assemble your own kite and fly it
- Build something you can use
- Bake cookies after buying the ingredients at a store
- Go to the movies
- Make a lemonade stand
- Swim in water over your head (with an adult watching)
- Explore the woods
- Get the ingredients for a cake and make it
- Practice your instrument on the street. Put out a hat for tips!
- Make a haunted house
- Play night tag
- Fix a bike tire with a tire repair kit
- Ride your bike anywhere in the neighborhood
- Wander through a museum
- Start a club
- Make your own appointment for something (haircut, orthodontist)
- Take the subway
- Go to the community pool
- Tutor another kid in something
- Try whittling (carving a stick with a knife)
- Mow your lawn
- Get to an after school activity on your own
- Pick up your sibling from an activity
- Go to a play or concert
- Wander around downtown
- Go Geocaching
- Ask neighbors to do "odd-jobs" for pay (weeding, snow shoveling)
- Learn to use a hammer / saw and then make something
- Barbecue something
- Babysit
- Go to dinner with a friend
- Climb a tree (higher this time!)