

Movement, Motor Skills, and Knowledge

Fundamental Movements, K-2

Beginning 1	I need help to perform the skills in the activity. I have skills that need to get better.
Developing 2	I am sometimes able to perform the skills in the activity. My skills are getting better.
Applying 3	I am able to perform the skills in the activity all of the time.
Innovating 4	I always demonstrate the skills required and perform the skills at a high level. I am able to teach other students the skills that are needed.