

Physical Fitness Activities and Knowledge

Games, 3-5

Beginning 1	I rarely use class time well and participate actively in class games.
Developing 2	I sometimes use class time well and participate actively in class games.
Applying 3	I consistently use class time well and participate actively in class games.
Innovating 4	I always use class time well and participate actively in class games. I am always helping other students in the games.